LG Questions WK 10 Fall 26
Communion



Big Idea: Communion unites us at the foot of the cross, calling us to humility, self-examination, and hope as we remember Christ's sacrifice and await His return.

1. **Read 1 Corinthians 11:17–22.** Paul rebukes the Corinthians for creating divisions and humiliating those who have less. What are some subtle ways pride or social status can show up in our churches today? How can we push back against the divide and come together in unity?

2. **Read 1 Corinthians 11:23–24.** When you take communion, do you find it easy or difficult to remember Jesus' suffering with gratitude? What helps you connect with the reality of Christ's broken body in a meaningful way, and what practical steps could help you deepen this remembrance?

3. **Read 1 Corinthians 11:25–26.** Covenant in Scripture is more than just a contract—it's a binding promise that creates deep belonging and shared identity among God's people. Through covenant, God brings individuals into one family, committed to one another and to Him. In communion, we remember that Christ's sacrifice forms a "new covenant" (1 Corinthians 11:25), making us one body and breaking down all barriers that divide. Knowing that communion represents this new covenant in Christ's blood, uniting us in belonging and purpose, how could you intentionally strengthen unity or restore relationship with someone in your church family who feels distant or disconnected?

4. **Read 1 Corinthians 11:27–29.** Paul calls us to self-examination before participating in communion. Can you identify a specific area in your life where selfishness or unconfessed sin might be hindering unity or genuine worship? What would it look like to deal with that issue before you next take communion?

5. **Read 1 Corinthians 11:33–34.** Paul urges the church to “wait for one another” (ESV or “eat together” (NIV). Who in your church family might feel neglected or unseen, and how can you practically serve or include them? Perhaps inviting them to share a meal or conversation with you outside of Sunday services?

Prayer Prompt:

Jesus, thank You for Your sacrificial love that makes us one family. Help us to remember Your grace with humility, honestly confess our sins, and show with our actions that every person at Your table is valued and loved. Amen.